

The “three bodies” of a human.

People are passed away around me. 97 years old aunt. 48 years old Mr. Senda (the director of Nishio). 89 years old teacher Hiroshi Motoyama. And in the 21 buildings of Golden Age around the whole country, about 170 people passed away in the care building or in a hospital.

It is a painful, touching and sad thing when a person passes away. A flood of emotions is there for the person himself and for his family when a person takes his last breath, a dead person lives behind a long, wide and deep river that is impossible to cross for both parties. That is forbidden for human beings. The living people are worried about what happens with the dead person. From the view point of a dead person wonders about his left family and friends health. But, it is impossible to get in touch with a dead person.

I was thinking when I was about “where people come from and where they go” since 16 years old for about 10 years long, My father died when I was 25, since then I was devoted to study that problem and yoga. And I reached the “enlightenment” when I was 28.

My enlightenment was low level when compared to great monks, I felt excitement and noticeable dramatic change in me. I want to say without the fear of misunderstanding, that might seem as arrogant, but I understood the “universe” and “human life and death”. I knew since high school age “where human beings come from and where they go” and I got the answer to “how to live a life”. Now that I am a 64 years old imperfect human, I got some answers for all my enquiries and questions, I have a happy life.

Imagine that human has “3 bodies”. This will solve everything. The 3 bodies are, ① the physical body, ② the delicate fragile (spiritual body), ③ appears to be (a godlike thing). Although the purpose of our life is to be in the body of number ③, the level of God is hard to reach. So the level of ① and ② are repeated many times during several hundred years, somebody becomes a “human being” by development little by little over a period of several thousand years.

Why we have such a troublesome thing? Who brought to humans such a thing? That is the “law of the universe”. Living humans did not get the power to change this, no matter how hard they try to change this system. In a nutshell, the law of the universe is the “evolution”, We must target number ③, no matter what we think. It is easy to understand that we must strive and work hard for yourself.

You will know once you become the body of number ③. As soon as the flesh body of number ① vanishes, we will live in the spiritual body of number ②, reincarnation is when get back the flesh body of number ① through rebirth. There are several religions and ideas in the world, I think that many people are in the world, who say “that is different”, I want to get a detailed explanation about the difference.

The “truth” is only one no matter one understands or don't understands, The dead people also and the leftover people feel a little sadness, each do they best to live, That's what I think. Well those are the strange thoughts of a strange person hoping as no misunderstanding. Just in case, you are wondering.